

# LATIN AMERICAN AND CARIBBEAN FESTIVAL

AT SENTOSA

FOOD • MARKET • ENTERTAINMENT

3 - 4 | PALAWAN | 4-10  
FEB | GREEN | PM

## PROGRAM

### Day 1

Saturday, 03rd February 2024

16:00 to 22:00

**16:00 to 17:00:** Zumba Dance Party.  
By: Ardena Castillo and David Vélez.

**17:00 to 17:10:** Projection of promotional videos by participating countries and Latin America and music track.

**17:10 to 17:20:** Festival inauguration.

**17:20 to 18:00:** Meditation with movements. A way to let go, deepen, and relax through dance.  
By: Mariangel González.  
Mariam Love Transformation.

**18:05 to 18:50:** Inferno Hot Pilates.  
By: Loli Godoy.  
2Be.Yoga.

**19:00 to 19:30:** Capoeira Kids Singapore by Aço Quilombo Capoeira Group

**19:35 to 20:05:** Traditional Mexican Dance.  
By: Mitote, Mexican Folk Dance.

**20:15 to 21:05:** Martin Reyes - Salsa in Asia.  
By: Martín Reyes.

### Day 2

Sunday, 04th February 2024

16:00 to 21:00

**16:00:** Latin America and Caribbean Cinema.

**16:00 to 17:30:** Film "Ainbo: Spirit of the Amazon"  
By: Embassy of Peru.

**17:40 to 19:10:** Film "The Mole Agent"  
By: Embassy of Chile.

**19:30 to 21:00:** Film "Esteban"  
By: Embassy of Cuba.

**21:00:** Closing of the Festival.

**Sentosa Festive Market - Latin American Festival by Sunday Social Market**  
3-4 February, 4-10PM

**Exclusive Networking Session for Singapore Business Representatives by SBF**  
February 4-5pm at Sentosa Festive Market

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## PERFORMANCES, ACTIVITIES AND MOVIES

### ARDENA CASTILLO

Ardena Castillo is originally from Mexico. Singapore has been her home since 2019 and she immediately fell in love with the Lion City. She started her Zumba® journey in the United States back in 2014, when her second child was born. Trying to find the way to restart her body, mind and daily routine, she discovered the infinite benefits of Zumba®. She got inspired and decided to become an instructor trusting her experience in athletics that basketball gave her through her university years. She embraces the opportunity to help others find confidence, joy, love, relief stress and burn a good number of calories while dancing and having fun. Ardena has a big fascination with music, especially Latin Music and she truly believes that our souls vibrate through it, creating the perfect atmosphere for a class where you will find explosive energy, customized levels of intensity and fun with good friends. You will end with a beautiful smile to transform the start of your day into a wonderful week. You can't miss the opportunity to join her!



### MARIANGEL GONZÁLEZ

Are you ready to embark on a journey of self-discovery and wellness? Moving meditation is much more than a practice; It is a way to harmonize the energy in all your bodies: physical, mental, emotional, and spiritual. Imagine connecting with yourself through fluid movement and dance, releasing life energy that often gets trapped in your physical body.



This approach allows you to unblock the body's vital meridians and restore balance to your core system. Also, we could not forget that moving meditation is also a fun and safe way to exercise physically. So, you can take care of yourself, have fun, and find your inner peace at the same time!

Ready to give this wonderful practice a try? Join us on this journey of self-discovery and balance.



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**LOLI GODOY** 

Using Pilates as a foundation, the class is challenging yet essential for your body. The movements are low impact & will get your muscles burning from the amt of repetitions involved. Look forward to stronger muscles & a leaner body. Each class is never the same. Get pumped up with loud & high energy music, as you sweat & work your body hard!

**2Be.YOGA** *by Loli*



**MITOTE, MEXICAN FOLK DANCE**

Mitote that means dancer in Nahuatl language, a captivating Mexican Folkloric Dance Group, unites a vibrant tapestry of amateur enthusiasts from diverse cultures, bound by their shared passion for promoting the rich heritage of modern and pre-Hispanic Mexico.

With colorful costumes and mesmerizing rhythms, Mitote showcases the country's profound cultural essence through their spirited performances. As they gracefully blend traditional elements with contemporary flair, the group embodies a harmonious celebration of Mexico's captivating past, embracing its present, and fostering a deeper appreciation for the nation's cultural legacy.

**MITOTE**  
MEXICAN FOLK DANCE

They will perform 3 songs:

1. La Bruja: The Enchanter.
2. Huateque- Gala/Soiree.
3. Iguana- Lizard.

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**Sunday  
Social  
MARKET**



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### AÇAO QUILOMBO CAPOEIRA GROUP

Capoeira is a Martial Art and Art Form originating from Brazil. It's powerful kicks, strikes and take downs hidden in music makes it a captivating art form to watch. The slaves in Brazil practice Capoeira as a form of recreation and entertainment. But more importantly, the slaves used capoeira to fight for freedom and escape from slavery.



In modern day, Capoeira is a fun way to stay in shape utilising acrobatic conditioning, dynamic stretching and mobility exercises.

The mesmerising music of Capoeira playing in the background provides a stirring accompaniment to a

fun & dynamic workout for kids and adults.

### MARTIN REYES



Martin Reyes is arguably the best Latin Singer in Asia to date. His passion to deliver his music stems from his roots in Latin America, where from a young age, performed for famous bands in Venezuela and International bands in Colombia. He has performed in Europe, Latin America, and Asia to sold-out concerts.

Martin is a multi-talented artist having written his own Latin and Salsa songs that were released both independently and through a major music label – Warner Music. As a performer, an artist, and a catalyst for Latin Music appreciation, Martin has the experience and the vision to bring this genre of music to a wider audience. He brings with him the monicker – UNSTOPPABLE – because that is the lifestyle that he lives, and that is where he is willing to bring his music.





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## PERFORMANCES, ACTIVITIES AND MOVIES

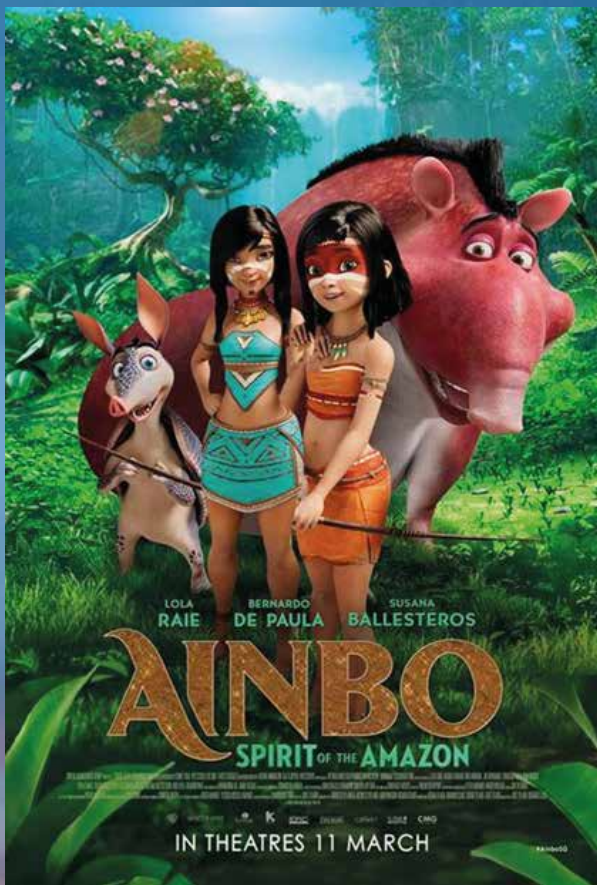


FILM "AINBO: SPIRIT OF THE AMAZON"

GENRE: ANIMATION, ADVENTURE, COMEDY

IMDA RATING: PG

LANGUAGE: ENGLISH LANGUAGE



Ainbo was born and grew up in the deepest jungle of the Amazon. One day she discovers that her homeland is being threatened. With the help of her spirit guides "Dillo" a cute and humorous armadillo and "Vaca" a heavy-set tapir, Ainbo embarks on a journey to save her homeland. As she fights to save her paradise against the greed and exploitation by illegal miners, she struggles to reverse this destruction and the impending evil of the "Yacaruna," the darkness that lives in the Amazon. Guided by her mother's spirit, Ainbo is determined to save her land before it is too late.

FILM "THE MOLE AGENT"

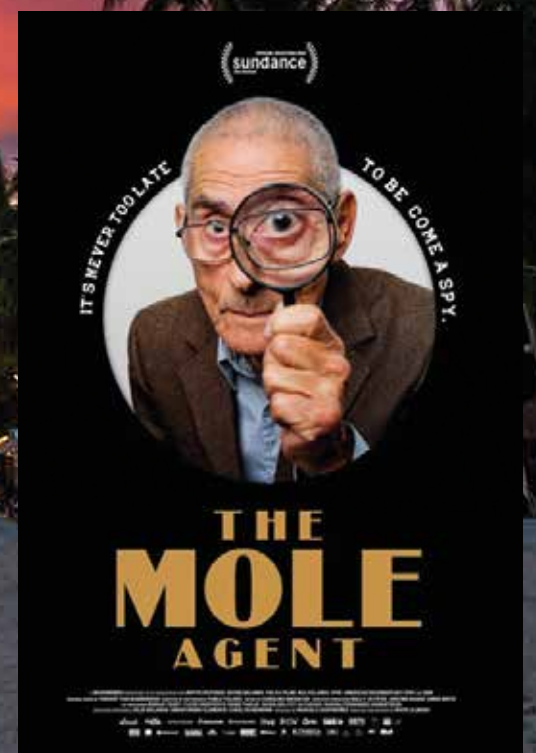


GENRE: FAMILY, COMEDY.

IMDA RATING: PG

LANGUAGE: ENGLISH AND SPANISH

When a family becomes concerned about their mother's wellbeing in a retirement home, private investigator Romulo hires Sergio, an 83-year-old man who becomes a new resident– and a mole inside the home, who struggles to balance his assignment with becoming increasingly involved in the lives of several residents.



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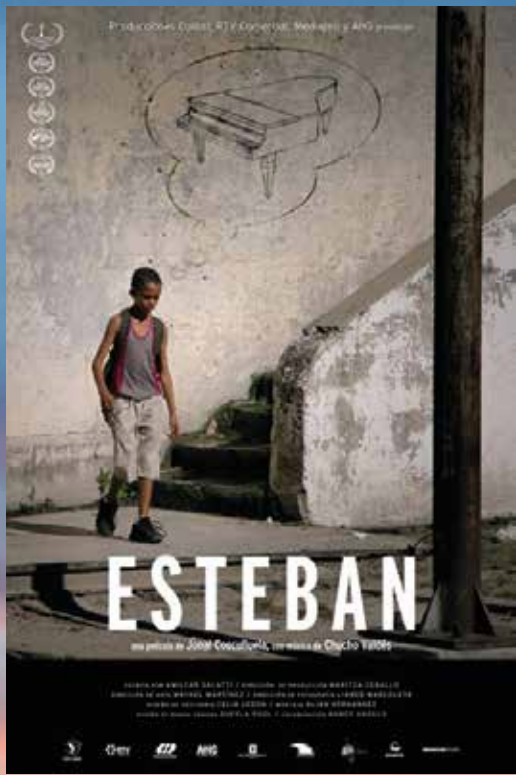
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FILM "ESTEBAN" 

GENRE: DRAMA/ MUSICAL

IMDA RATING: PG13

LANGUAGE: SPANISH WITH ENGLISH SUBTITLES



Esteban tells the story of a little 9-year-old Cuban boy who discovers in music a source of satisfaction and happiness. After accidentally showing an innate talent for playing the piano, the young Esteban will fight with all his strength to reach his greatest dream: To become a renowned musician. All this spite his very young age and great obstacles he will encounter along the way. Esteban is a story of hope, illusion, and personal transformation. This drama features a soundtrack created and performed by Chucho Valdés, renowned Cuban pianist whose creations have had a powerful influence on the modern history of Afro-Cuban jazz.

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